

# Summer Gymnastics 2023

## Artistic Gymnastics: Girls 6 & Up

Class Level	Monday	Tuesday	Wednesday	Thursday
<b>Beginner 1 hour</b>	4:00pm-5:00pm 6:00pm-7:00pm	5:30pm-6:30pm	4:00pm-5:00pm	5:30pm-6:30pm
<b>Developmental 1 hour</b>	5:00pm-6:00pm	4:30pm-5:30pm	5:00pm-6:00pm	4:30pm-5:30pm
<b>Rec 1 1.5 hours</b>	4:30pm-6:00pm		6:00pm-7:30pm	
<b>Rec 2 1.5 hours</b>	6:00pm-7:30pm		4:30pm-6:00pm	
<b>Rec 3/4 &amp; UP 1.5 hours</b>	4:30pm-6:00pm		6:00pm-7:30pm	

# Summer Gymnastics 2023

## Specialty Programs: Boys & Girls 6 & Up

Class Level	Monday	Tuesday	Wednesday	Thursday
<b>Tramp &amp; Tumble Beginner 1 hour</b>	4:30pm-5:30pm		5:30pm-6:30pm	5:00pm-6:00pm
<b>Tramp &amp; Tumble Developmental 1 hour</b>	5:30pm-6:30pm		4:30pm-5:30pm	
<b>Tramp &amp; Tumble Int Levels 1-2 1 hour</b>		5:00pm-6:00pm		6:00pm-7:00pm
<b>Rhythmic Class (Girls 7 yrs. &amp; up)</b>	TBD	TBD	TBD	TBD
<b>Cheer Tumbling 1 hour</b>			4:00pm-5:00pm	
<b>Ninja Warrior (Boys or Co-Ed) 1 hour</b>	5:30pm-6:30pm 5 & 6 yr. old's (Co-Ed) 6:30pm-7:30pm 7-9 yr. old's 6:30pm-7:30pm 7-9 yr. old's (Co-Ed)		9:45am-10:45am 5 & 6 yr. old's 10:45am-11:45am 5 & 6 yr. old's	4:30pm-5:30pm 5 & 6 yr. old's 5:30pm-6:30pm 7-9 year old's 6:30pm-7:30pm 10 yrs. & Up (Co-Ed)

<b>Cheer Tumbling 1 hour</b>			<b>4:00pm-5:00pm</b>	
<b>Ninja Warrior (Boys or Co-Ed) 1 hour</b>	<b>5:30pm-6:30pm 5 &amp; 6 yr. old's (Co-Ed)</b>  <b>6:30pm-7:30pm 7-9 yr. old's</b>  <b>6:30pm-7:30pm 7-9 yr. old's (Co-Ed)</b>		<b>9:45am-10:45am 5 &amp; 6 yr. old's</b>  <b>10:45am-11:45am 5 &amp; 6 yr. old's</b>	<b>4:30pm-5:30pm 5 &amp; 6 yr. old's</b>  <b>5:30pm-6:30pm 7-9 year old's</b>  <b>6:30pm-7:30pm 10 yrs. &amp; Up (Co-Ed)</b>